

### How Adventure House Has Effected Me

Adventure House has greatly change my life in the seventeen years that I have been a member here. When I came to the Clubhouse, I lived in a care home facility. I was not happy there and put my name on the housing list and in December of 1999, I moved into an Adventure House apartment at Marion Street Apartments. I have lived there for eleven years. My neighbors and my friends at Adventure House are like family to me. I have made many close friends at the Clubhouse. I enjoy having a place to come to and things to do when I get here. I can find things that need to be done in most of the units in the Clubhouse. I have learned to run the register in the Snack Bar and I enjoy helping out there when they need me. I have had many opportunities for TE ( Transitional Employment) placements. With the support

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of the Clubhouse, I have worked at Gardner Webb University, FASCO, Big Lots, Arby's, Ingles, Universal Manufacturing, Honeywell and Baxter Corporation. I am glad to be a part of a program like Adventure House and I plan to remain in my apartment as well as attend the Clubhouse for a long time.

**By Eric Cook**

### A Trip to Crowders Mountain State Park

Crowders Mountain was a special trip for me. We searched and found a great picnic area, which had some awesome trails to hike on. We found one trail that took us on a hike around the fishing lake. Our dinner was delicious. We ate grilled hotdogs, slaw and chips. Everyone had a great time and we are looking forward to going back soon.

**By Lewis Acree**



## Adventure House

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# Adventure House News

August - September, 2010  
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### Adventure House Players News



PERFORMANCE seems to be the word of the month for the Adventure House Players. On the 13th of August, the Adventure House Players performed their original play, MENTAL MART, for the first Law Enforcement CIT Training Class prior to their graduation ceremony at Cleveland Community College. The group had been touring the Clubhouse all week, for several hours a day, to see what a program like ours does and how it helps people deal with various degrees of mental illness. The purpose of their visit was to experience first hand what the Clubhouse is about to help them in their daily jobs, dealing with the public of which, some would suffer from depression and schizophrenia just to name a few. In the skit, the actors portrayed the problems that some people have getting the right diagnosis and medications and how someone who doesn't belong in the system gets help right away for

whatever reason...who knows??? The class seemed to really enjoy the play and Barbara Hallisey wrote a very nice thank you note, not only for the performance, but for the entire week that they spent at the Clubhouse. As she stated in her letter, " Most felt your program is the best kept secret in Cleveland County." I second that statement!

On the 15th of September, the Adventure House Players performed their original play, SAVING CLUBHOUSE PANDORA, for the Life Enrichment Center in Kings Mountain. The talent pool consists of singers, comedy sketches and musicians, with enthusiastic audience involvement that was enjoyed by all. The last song was LEAN ON ME, which was appropriate for the group and the audience. The words were fitting for everyone because we all need someone to help us through our trying times. The audience seemed to really like that. At the end of the performance, the Adventure House Players lined up for TRUTH, which is the part of the performance when the actors introduce themselves and share with the audience what their

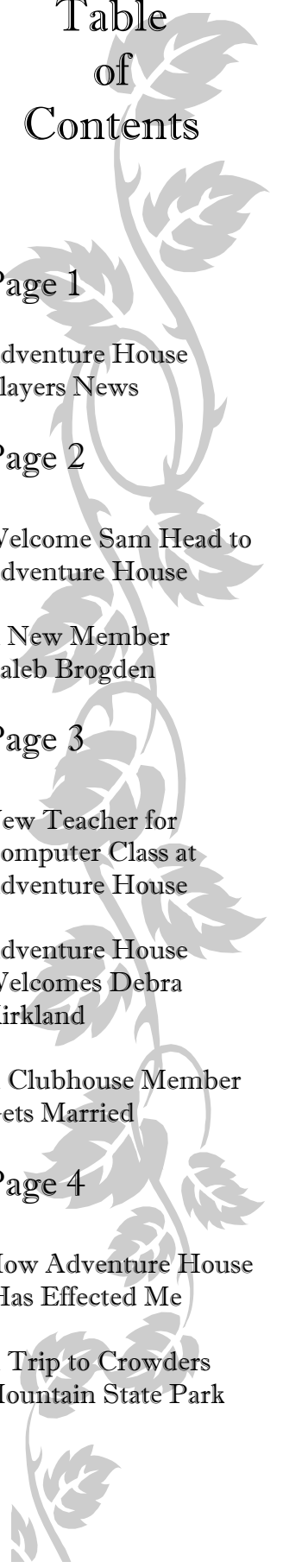
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diagnosis is. This time is when the actors are the most vulnerable and it seems to be where the audience always appreciates them the most. They respond openly with applause for their talent and courage. The audience even sang a song back to them in appreciation. It was a good morning for everyone involved.

Upcoming events include a 10-15 minute production of our original full length play called ONE CHRISTMAS EVE, by the Adventure House Players. We will be performing part of our play along with two other playwrights at the season opener of the Greater Shelby Community Theatre on October 16th. More on that with our next newsletter. Exciting things are happening with the Adventure House Players and we thank everyone for all of your support.

**By Stan Logan**  
**Welcome Sam Head to Adventure House**

When Anita from Pathways suggested that he check out the program at Adventure House, Sam was not sure of what he would find when he got here. It was different from what he expected, it was alright!

Since becoming a member of Adventure House, Sam has become involved in the Member Services and TE unit's, where he really has been interested in learning about and using the video equipment and the computers. He is a fast learner and is glad it be here. Sam says the program is helping him learn how to deal with people better and he has made many friends since he has been at the Clubhouse. He is looking forward to working at a TE in the future.

Sam also has enjoyed some of the social opportunities. He especially likes playing Frisbee Golf. He has become involved with the Adventure House Players since coming to the Clubhouse. He has enjoyed performing with them, as well as the technical aspect of the Adventure House Players.

Everyone at the Clubhouse is glad to have him here and are happy he has become so involved in such a short time.

**By Diana Boswell**  
**A New Member Caleb Brogden**

Caleb Brogden, a twenty year old new member of Adventure House has some very common interests with me when it comes to automotive restoration. He is currently enrolled in his fourth semester of auto body repair at Cleveland Community College. He has learned about structural damage and hands on body work. This semester he is also taking English and Social Relationship courses. His dream is to someday own a 1967 Fastback Mustang and to be able to do all of the body work himself.

We have greatly appreciated his participation in the Snack Bar and Member Services units. He has volunteered to help with the monthly vehicle maintenance inspections on the Clubhouse vans and truck.

He is attending four days a week and says he likes staying busy while he is here. I know he will really enjoy going to the drag strip with our social program, which is coming up in October. When you see Caleb say hi and make him feel welcomed to our Clubhouse.

**By Fred Mead**

**New Teacher for Computer Class At Adventure House**

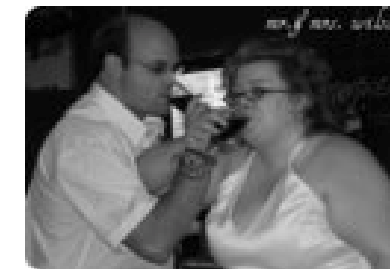
I am new to Adventure House and I am here to learn how to work with others and how to deal with depression and anger. I like to work on computers and since being here at Adventure House I have been asked to teach other members basic computer skills. The skills I teach include how to log in, how to set up an e-mail account or a new file. I have had one student so far she is Lydia Moore, she seems very happy to know how to use the computer skills that I taught her. I am looking forward to helping other people learn how to use the computers here at Adventure House. If anyone is interested in the class, see me to sign up for a time for the class.

**By Sam Head**  
**The Clubhouse Welcomes Debra Kirkland**

When Debra's therapist first suggested that she should check out the Clubhouse, she thought it would be a place to just hang out. But since she started attending regularly, she was glad to find that it is much more than that. She states "There are many different activities to participate in I especially enjoy the Kitchen Unit and look forward to coming in everyday." Her number one priority in her life now is caring for her daughter and she is currently working towards her goal of completing her education with the support from Adventure House. Welcome Debra, we are so glad your here. Keep up the good work!!!

**By Diana Boswell**

**A Clubhouse Member Gets Married**



*Candie and Johnathan Wilson*

One of our members Candie Bell was married on August 7th, 2010 at 1:00 pm. The wedding was held in Shelby at Louie's Bar and Grill.

The Clubhouse membership and staff were invited to attend the wedding as well as assist in serving during the reception. Several of the Clubhouse members and staff attended the wedding. Two staff were in the wedding Genia Riffe as a bridesmaid and Fred Mead officiated the marriage ceremony. Several others including Diana Boswell and Crystal Byers assisted by serving during the reception. The wedding had a great turn out and everyone had a good time getting to spend time together socializing with each other. The reception included pick-ups, wedding cake, punch and plenty of dancing was involved.

Candie moved to Lake Wyle with her new husband Johnathan Wilson. She has decided she will come to Shelby to stay with her grandmother on Mondays and Tuesdays so that she can remain active in the Clubhouse. We were glad to be able to share this special part of Candie's life with her. We are excited that she has decided to stay active here at Adventure House and look forward to having her around the Clubhouse.

**By Crystal Byers and Genia Riffe**