

New Members

Adventure House members and staff would like to welcome two new members to the Clubhouse, Misty Kirk and Joseph Dukes.

Misty comes to us from Gastonia N.C. She enjoys being part of the snack bar unit but also likes helping in the kitchen unit and volunteers to answer phones in the reception area when she is needed. Her main goal is to learn to be independent and to someday be able to live on her own in an Adventure House supported apartment.

Joe comes to us from Rowan county. He enjoys participating in the kitchen unit, but he can be seen around the Clubhouse helping where ever he is needed. He is currently working a T.E.P. (Transitional Employment Placement) at Pleasant City Wood Fire Grill. His goals are to make a better life for himself.

By Richard Ingle 

Clubhouse

People talking, food cooking, soda chilling, and phones ringing.

Days at Adventure House make hearts soar and sing.

Cleaning, Working, and most importantly Laughing.

As the Days become increasingly warmer

The members and staff continue to rely on the quick laughter.

Laughter and smiles are what it is all about.

We sing , dance, have fun and shout.

Members and staff work side by side so we all smile.

We talk even though we may not have seen them in a while.

A Poem by Lynda Vaughn



Adventure House News

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Education Opportunities at Adventure House

Part of the T.E. (Transitional Employment) program at Adventure House is designed for members to improve their education. Several different programs and locations in the community are available for members to obtain and reach these goals. The locations are Cleveland Community College, the Annex at the county jail, the unemployment office and here at the Clubhouse there are ABE (Adult Basic Education) classes. Education goals are different for some of our members. Anita Nottage and Kim Tallent want to graduate with their high school diplomas. Frankie Philbeck is working to obtain her GED(General Education Diploma). Crystal Byers plans to get her GED and further her studies in criminal justice. She would like to use her degree to become a detention officer or a 911 dispatcher. Patricia Wiggs wants to get her G.E.D. and then study at Gardner Webb University and use her degree to teach preschool or at a Headstart program.

These students are reaching towards the ladder of success. The goal for each of the members is to gain employment in the their field of interest. Even in times of high unemployment they realize the importance of education.

By Tim Willis

A Graduation to Celebrate!

Congratulations to Kristian Mason. On Wednesday May 9, 2012 Kristian graduated from Cleveland Community College with a certificate in Business Administration I and a certificate in Business Foundations I. She also was awarded the Outstanding Graduate Award for the certificate program.

She intends to continue taking classes and is working toward getting her Associates Degree in Business. Her goal is to own and operate her own business in the future.

The members and staff of the Clubhouse are so proud of her accomplishments and wish her the best of luck in the future.

By Diana Boswell



Kristian Mason

Adventure House

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Clubhouse Garden

This year we have added a water manifold to the gardens' soaker hoses, which have individual valves to regulate flow and pressure. This is important just because the water flow is directly proportional to the water pressure. This will make it easier to maintain the right moisture content in all of the garden plots. We have also used black plastic mulch to keep the moisture from evaporating. It also keeps the soil at the temperature needed for maximum yield for our crops.

Last year we had a very good output with our tomatoes all the way until mid October. We have used the same principal this year with different type of tomatoes; we have Big Boy variety this year. We had problems last year with vine squash and cucumbers. This is a common problem with squash type crops caused by moths that lay eggs in the stems at night. This year we are trying to correct this by planting thyme and using moth balls. So far it seems to be working.

We are also trying our luck with eggplant, corn and peppers. They got off to a slow start, but I'm sure by mid-June they will be getting more direct sunlight.

By The Snack Bar Gang



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Our Trip



June 1st thru the 3rd, 2012 members of Adventure House went to Raleigh NC for the N.C.M.H.C.O. (North Carolina Mental Health Consumers Organization) conference. Phyllis Chitwood, Frankie Philbeck and Lewis Acree were representing the Clubhouse. It was a long but enjoyable trip. When we got there we took our luggage inside and waited for our rooms. While we waited, we got our bags, shirts, pens and other cool stuff; then finally we got our room keys. Once I got settled in my room I took a stroll to Starbucks coffee shop and got a cup of coffee. Then at dinner time we all came together and had a great meal and a board meeting, after which I went back to my room to watch TV and get some rest. The next day we began with breakfast, then we broke up into groups for different types of classes. There were classes on peer support, choosing healthy food, first aid for mental health, zumba exercise and T.E.A.M.S. (training, encouragement, advocacy, membership and support) support group. We had a break for lunch then we returned back for more classes till around six that afternoon. We had dinner and a large meeting then after that we had a big dance. It was a very exciting trip but I was so glad to see home.

By: Lewis Acree

Adventure House Hosts Leadership of Cleveland County

On April 3, 2012 Adventure House hosted Leadership Cleveland County for breakfast and a tour of the Clubhouse. The TE (Transitional Employment) program was highlighted in a presentation given by Crystal Byers and Bryan Eaker. The breakfast was well attended and was a good way to promote our TE program.

By Crystal Byers

Adventure House Players News



The Adventure House Players have been working on improve skits about the television show "Sanford and Son." Georgiana Wright is writing a new script for a play based on the show for the Adventure House Players to perform.

The A.H. Players went to Cleveland Community College to see the play "Rabbit Hole", directed by Stan Logan for the Greater Shelby Community Theatre. This play was very moving and the actors and director did a great job. Our group enjoyed the evening and were glad we were able to support Stan with his project. Some of the A.H. Players helped with set setup and take down. This was a great opportunity to learn more about the inner workings of theatre.

The group also went to see the play "Arsenic and Old Lace" at the Joy Theater in Kings Mountain. Georgiana had a leading role in the play. The play was about two sisters who kept killing men and burying them in their basement. They, along with their brother who thought he was Teddy Roosevelt, were sent to a rest home. Everyone had a great time and enjoyed the play very much.

The Adventure House Players are always looking for new and interesting talent amongst us. Everyone is welcome to participate either on stage or behind the scenes. Join us on Thursday's there is something for everyone to do. We look forward to seeing you there.

By Phyllis Chitwood

Art Exhibit Coming Soon



The members of Adventure House have a wonderful opportunity to show off their talents at Cleveland Community College Art Gallery coming up this fall.

C.C.C. is interested in exhibiting art work by people dealing with mental health issues or people working in the mental health field.

We can paint, draw, sculpt or anything we can create. The exhibit is open to all mediums of art. The exhibit will be viewed by members of the community and by our peers, both young and old, from near and far. The art needs to be ready to turn in at the first of August and will go on exhibit at Cleveland Community College in September 2012.

The artists even have a chance to sell some of their work following the exhibit. This is a great way to expose the creative talents that some of us at Adventure House have never had the chance to show before. We hope that many people will participate in the art show and that everyone will support us by coming out to view the exhibit with us in September.

By Shenika Massey

Transitional Employment News

Congratulations to Anthony Harrison who is starting a TEP (Transitional Employment Position) at Pleasant City Wood Fire Grill!!!

By Bryan Eaker