

What Adventure House Means To Me

Adventure House means a lot to me. It gives me a place to come everyday and it gives me a place to belong.

With the staff working with me, I enter data into the computer. The staff and my peers and I also do progress notes on Mondays. They help me in a lot of areas of my life, like not being alone. I don't like being alone, so by my coming to the Clubhouse I don't have to worry about being by myself. The staff encourages me to do different things like working on the blue book and also doing "monthlies". I love coming to Adventure House.

I got to put my name on the apartment list and hopefully I can move into one of the Adventure House supported apartments.

Adventure House is a great place to attend, the staff and members are like family to me. I love you guys!

By Traci Backhaus

The Clubhouse Welcomes New Members

Adventure House would like to welcome two new members to the Clubhouse, Connie Adair and Jessie Shull.

Connie came to us from Restoration Concepts and is really excited about being at the Clubhouse. She chose the Administration Unit in which to participate and is anxious to learn the ropes upstairs. Connie is happy to be at the Clubhouse and is looking forward to meeting new people and making more friends.

Jessie Shull is also coming back to the Clubhouse after a very long time. She has chosen the Snack Bar Unit in which to participate. She is glad to be around people that she feels comfortable with. She stated that "at Adventure House everyone understands me and gets where I am coming from."

When you come across either Connie or Jessie make them feel welcome and a part of our Adventure House family.

By Diana Boswell



Adventure House News

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What a Great Learning Experience! A Week With the Colleagues:

Members as well as staff, are still talking about the Clubhouse orientation that has been taking place within our Clubhouse.

One week this past August and September, we hosted colleagues from Club Nova who sent two groups of members and staff to spend time with us. They came to see and understand more about the Clubhouse model. We also had colleagues from Club Horizon, which joined us with the second group from Club Nova.

Each day members and staff worked side by side learning new techniques which hopefully will create a better atmosphere for their Clubhouses. The days ended with a wrap-up session that gave the colleagues, staff, and members of Adventure House time to sit down with the groups and answer questions about how we apply the Standards at Adventure House.

The colleagues had this to say about Adventure House: They like that we have a budget for socials and the "A H Players" have original plays and skits. They were impressed with the efficiency of morning meetings, and that the reports for the units were quick and informative. They reported without being excessive.

They liked how everyone communicated, that everyone cares and takes care of each other. Everyone was receptive and respectful and made the colleagues feel welcome.

They said the space was clean and organized, and the tour of the apartments was "Off the Chain."

About the work and teamwork, the colleagues felt that everyone knew so much about the units they worked in, and they worked well together. Bryan Eaker, shared a lot about the TE positions and what TE could do, and how it reflects on Adventure House in the community. In all, the working conditions at Adventure House are all about unity. There is a calm relaxing energy, and a fun working environment.

Adventure House enjoyed having the colleagues come by and liked how they enjoyed us as well. We love teaching others about the Clubhouse, and look forward to sharing with future colleagues.

By Crystal Byers

Thank You

We would like to express a special thank you to members, staff and board members for their support of the Adventure House program.

Thank you to those who work in more than one unit in the Clubhouse.

Thanks to everyone who goes to school or has graduated from school; you all are appreciated.

Thank you to those who are in the military and to the veterans; they should be commended.

Also, a big thank you goes to our Adventure House Players for their productions pertaining to mental health and the problems we face living with mental illness.

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The Clubhouse Welcomes New Members

Adventure House

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Love and best wishes go to all who have children.

Paul D. Pouchak

End of Summer

Many have gone to the beach, others have traveled out of reach.

It has been slow, smiles and friends have been show.

Now things will get better, all of our friends chats matter.

As they tell of the beach, And other beautiful places out of reach. Back at the Clubhouse it's back to work.

A normal day we'll have more work.

It's the end of summer.

Some view this as a bummer.

I am looking forwards to seeing

Friends old and new.

This is what helps,

Believing.

Hello, to all of old and new friends.

As the fun of Summer will now end.

By Lynda Vaughn

Adventure House Players News



The Adventure House Players are working on two scripts as of October. We are still in rehearsal for "SANFORD AND SON", which is an original script written by both the Players and Georgiana Wright. This was an idea that the Players have wanted to do for a long time and we plan to perform this skit for the Clubhouse in January 2013 as a social. They are all very excited about this. The second play is a version of our play, "FAMOUS PEOPLE WHO HAVE DEALT WITH MENTAL ILLNESS". We performed this for the graduating class of the local police academy a few weeks ago to a standing ovation. In the play, each member

holds up a picture of a famous person such as, Patty Duke, Billy Joel, Abraham Lincoln, Winston Churchill, and etc. Then they tell the circumstances of what each person had to deal with in their respective mental illness and how they successfully dealt with it and accomplished great things.

Then during the TRUTH segment, each member discussed their own struggle with their individual mental illness, if they wanted. It was very moving to all that heard it but more important, it also put them just as important as the famous people who they had just been talking about. That was the whole purpose of the skit. That the everyday person and the famous person can be touched by mental illness.

It is what you do with it, just like with any other illness, rather you choose to acknowledge it, to get help, or to be a survivor, it makes you a winner.

By Stan Logan

Art Show

We are very excited to have members and staff representing themselves and Adventure House, by participating in an Art Show at the Pennington-McIntyre Gallery Campus's art gallery of Cleveland Community College this October in Shelby, North Carolina. The show will last through the middle of January.

It is geared to artists who are living with a mental illness and/or an emotional challenge as well as individuals who support or are affected by those with mental health concerns. The presentation is open to all two-dimensional mediums such as oils, acrylics, watercolor, pastels, charcoal, graphite, photography, mixed media, and printmaking. Limited space was also available for 3-dimensional work as well.

Adventure House will be represented by seven individuals, five of whom are members of the Clubhouse, in this showing. Danny Kiser will be displaying several pieces of his cross-stitch that are amazing in their complexity and colors. When asked why he does it, he states that he always admired people who did that sort of art and it also helps to calm him down especially when he starts to get upset. Coming from someone who has trouble tying his own shoes in the morning to get to work,

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I was amazed at his handiwork.

Patricia Wiggs has donated two separate pieces of artwork: pen and ink drawing and a crocheted handbag that is of her own original design. Many members at the Clubhouse have already complimented her on that handbag and her talent.

Shenika Massey donated several large pieces of her artwork, which are excellent depictions of charcoal and graphite portraits of famous people that people should be able to recognize. Her attention and detail are amazing.

Richard Ingle donated many pen and ink cartoon drawings that are mostly humorous, but one or two are more serious and thought provoking. That shows the depth that his art can take him.

Mecos Lattimore, who has been a member of Adventure House for many years, is displaying his artwork of farm scenes around Cleveland County that he drew for his art teacher, Beverly Day Phillips, years ago. You will be amazed at his realistic take of those scenes and will feel like you are on the farm with the animals. He's that good!

John Gjelhaug, who works at Adventure House, is exhibiting several of his photographs that will showcase his talent as an up and coming professional photographer. He has beginning to showcase his work on other sites and he is pleased to have this opportunity for people to see it at Cleveland Community College.

Last, but not least, Georgiana Wright, who helps us with the Adventure House Players, has created handmade ornaments of various sizes and colors that will be displayed in a mobile. She also states that creating these ornaments helps her to relax as well.

So as we stated before, art does have a dual effect on all people. Not only is it pleasing to the eyes, but it also has a therapeutic value that can help all of us. It's just finding which avenue of art that suits you the best for your talent.

The display opening is October the 18th, from 11am-1pm and it runs through January the 7th 2013.

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Along with their artwork, each artist has written a one or two paragraph biography which states what their journey has been and what their art means to them. Please read their statement as well as enjoy their art. Adventure House is very proud of all of our artists. You will be amazed!

We would like to thank Stacy Costner and Sally Jacobs for all their hard work in organizing this event. It will certainly open up peoples' minds to the great talent we have here at Adventure House and Cleveland Community College.

By Stan Logan

Our Summer Trips

Our trips (Socials) begin at 3:30pm every Tuesday afternoon. This summer we have been shopping at Hamricks and the "Yellow Mall" in Gaffney. People were so excited to find what they wanted or enjoyed just walking around. We went bowling in Forest City. Everyone loved it, from the ones that were bowling for the very first time to the professionals that have been bowling all their life. Antwon Wilkie had the best score there, a whopping 124!

We have been to a World Series legion baseball game. All the sports fans enjoyed being at the game as part of the crowd. We have also been to the Shelby City Park for swimming and a picnic, which was so much fun. Being cooled off in the water from the hot summer heat, splashing around, and swimming laps. We went to Alive After Five, in downtown Shelby where live music filled the air. One of our old favorites was going to the drag strip, were we watched Fred Mead race his car. He won some and lost some.

We had some of our all time favorites such as dinner and a movie and a Corn hole tournament. Drew and Byron won this time but I'll have a chance next time.

This upcoming October, we are going to the fair which I'm sure everyone will enjoy! I hope more people will join our events. Make sure you sign up, and till then, Have Fun!

By Christopher George