

creating and piecing things together, to make something new. She also goes to yard sales regularly. She enjoys working in the Snack Bar at Adventure House. "The people are very friendly here." Mary said. "God bless my family at home and my new family here."

*Jeffery Ormand~*

Jeffery Ormand spends most of his time in the kitchen when he comes to Adventure House, "I love to cook and eat. We all have to eat to live." He likes going to Adventure House instead of staying at home all day watching T.V. and doing basically nothing. He loves going out to the movies, playing video games, listening to music, and joy riding around town. "Adventure House is fun and a great place, the people are friendly and meeting them is a joy."

**By Shenika Massey**

**What the Clubhouse Means to Me!**

When I am at the Adventure House I feel like I am able to focus. I think about my actions and am able to plan ahead.

I was attending the workshop at CVI until I hurt my back and wasn't able to return there. My mother encouraged me to come back to Adventure House and I am so glad that she did. I stay active when I am here and I am making many new friends. It is much better than sitting at home all day. I enjoy helping in the Snack Bar. I love staying for socials and of course my favorite one is "Shopping"

Since I have been back, I have had the opportunity to move into an Adventure House supported apartment. I love the freedom it allows me. I enjoy keeping my house clean and experimenting in the kitchen. I love visiting with my neighbors in the evenings and on the weekends.

My life is exciting now. Thanks to Adventure House I can look forward to the future and I am setting new goals for myself.

**By Frances Norman**



# Adventure House News

April-May 2013  
Volume 26 Issue 6



**Two Members Were Contestants in Local Relay for Life Talent Show**

The Relay for Life sponsored a talent contest as a fund raiser this year at the Don Gibson theater. It was so popular here in Cleveland county that the talent was split into two nights. During the Monday night show David Rhodes Performed. As the MC announced him he told the crowd that David had danced back stage during every song that was played. He asked the crowd "How many people has seen the man with the radio dancing up and down Grover street ." The crowd went wild with applause. He said "this next contestant is Radio" David took the stage to a huge round of applause which continued throughout his performance. David said he had a great time and plans to perform again next year.

On Tuesday evening Will Vinson preformed in the talent contest. He stated" The experience at the talent show was amazing. I enjoyed showing off my talent. You don't hear people that sing the way I do anymore. I really do believe that I can bring back jazz." He sang "Black Coffee."

At one time he says he was to shy to sing in front of a lot of people. But he wanted to sing so he got over that. He hopes one day you will see him on the big screen because it is something he wants to do. He says " If there is something I want to do I will never give up until I accomplish it. I know it will happen because all things are possible with my God."

**By Will Vinson and Diana Boswell**

**Congratulations Kristian!**



On May 15th, 2013 members and staff went to see Kristian Mason graduate from Cleveland Community College. Kristian received an Associate Degree in Applied Science Business Administration Marketing and Retailing.

As a member of Adventure House, she would like to thank the members and staff for their help and support throughout her college career. Kristain plans to find a job in her field of study and she plans to return to Cleveland Community College in August to finish General education courses to receive a certificate in Teaching School Age Children. Kristain states" Cleveland Community College is a great school and I thank God for giving me the opportunity to be successful. I hope the transition to employment will benefit me in the future."

Everyone at Adventure House is so proud of the hard work and dedication Kristain put into achieving her goals. Great Job! Congratulations Kristain!

**By Drew Stallings**

## Table of Contents

Page 1  
Two Members Were Contestants In Local Relay For Life Talent Show

Congratulations Kristian!

Page 2  
Adventure House Players

Actors among Us

Page 3  
The Garden We've Grown With Love

Welcoming New Members

Page 4  
Welcoming New Members cont...

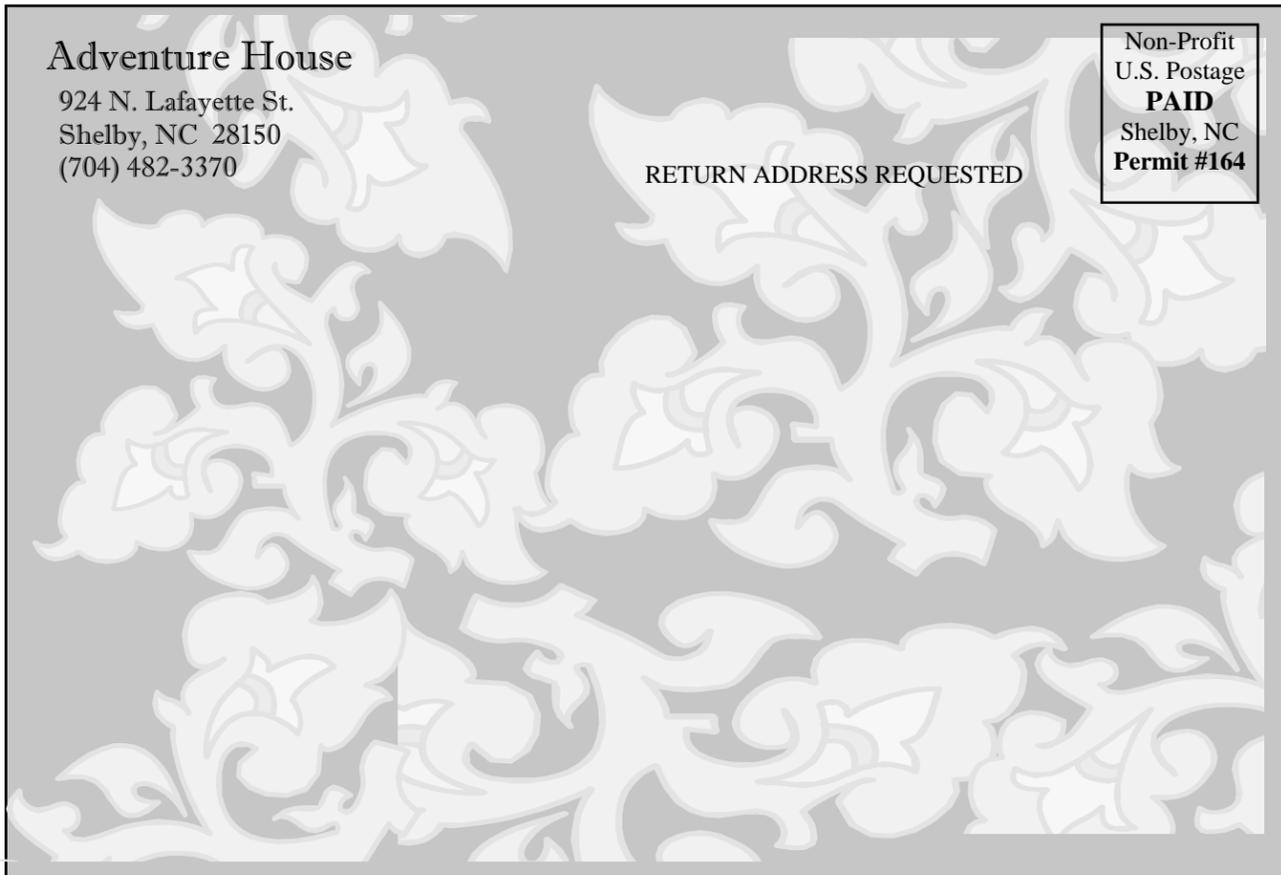
What the Clubhouse Means to Me

### Adventure House

924 N. Lafayette St.  
Shelby, NC 28150  
(704) 482-3370

RETURN ADDRESS REQUESTED

Non-Profit  
U.S. Postage  
**PAID**  
Shelby, NC  
Permit #164



## Adventure House Players



New things are happening with the Adventure House Players. We are working on two agendas at the same time for the summer. One is the play, "The Wizard of Medications", written by one of our members, Eddie Wellmon and the second is "The Art of Improvisation" which we are starting at the beginning levels and working our way up to several small skits written by both members and myself.... More on that later.

The Wizard of Medications is based loosely on the Wizard of Oz. It is about five people who have become friends over the years after joining a therapy group. One of them, Tina tell the story about her great grandmother and her journey to a faraway land many years ago, that provided her with medicines that cured her mental illness or so the legend was told. This land was arrived at by the magical powers from a book that may still be hidden away in her parent's attic along with her great grandmother's belongings. They find the rustic book, and by magic the journey begins...What will be different about this performance is it will be episodic. It will start at Adventure House on the first Friday in August at 1:30pm and last approximately 15-20 minutes. Then you have to come the next Friday for the next episode, and so on and so on... until it's conclusion on Friday, September 6th. It promises to be innovative and just plain FUN for both the audience and the actors!! Don't miss it!

The Art of Improvisation is a learning skill that is just plain fun for actors AND the Players have taken to it like a duck to water. We plan to keep working on these skills for comedy as well as dramatic routines that are short and to the point to be displayed in morning meetings at the Clubhouse and also taken on the road to any

organization that needs to hear about Adventure House. We are also working on a comedy nightclub routine skit, called "So You Know You Got a Mental Illness When...", that will use a great deal of improvisation. James Ortiz, one of our Players is really excited about this and already has a ton of jokes written. Based similarly on the Jeff Foxworthy comedy skits, it's purpose is to bring a lightheartedness to a serious subject that some members are prepared to do.

So the Players have a very busy summer lined up and we hope that if you are in the area you will attend one if not all of our Performances. Take care!

**By Stan Logan and all of the Players**

### Actors Amongst Us

As a member of the wonderful Adventure House, I had the opportunity to inquire about being an extra in a movie that is now filming in North Carolina. I submitted my bio and other information by computer to the company making the movie.

They responded with a casting call for me to audition. It was pretty exciting to meet the director and show her my skills. The director will let me know if I got the part.

I also had the privilege of volunteering in a mock disaster orchestrated by the Samaritans Purse, a ministry ran by Franklin Graham ( Billy Graham's son). I played the part of a victim of an earthquake with heart problems. I was also helping the responders to care for other victims with injuries.

I'm glad to be a member of Adventure House and Adventure House Players. I probably wouldn't have these opportunities without being a member.

**By James Ortiz**

### Samaritan Purse

Dear Adventure House I want to tell you about volunteering for Samaritan Purse's disaster relief film. I was watching T.V. when I heard a knock on my door. It was Stan and Drew, from Adventure House. They came in and then told me about Samaritan Purse. I didn't know

anything about the program at first, but as Stan explained it to me it got interesting. He encouraged me to try it and that it was worth my while.

That following Saturday, I woke up at 3:30 am to get ready for the trip. I got dressed and made up my bed. Stan came and got me, and we went by and picked up James Ortiz, we were on our way to Charlotte to the Samaritan Purse head quarters. We got signed in and retrieved our name tags. Next, we waited to be seated on a bus heading towards York, South Carolina to the Samaritan Purse campground.

When we arrived there, we got into different groups and headed out to the picnic areas to get painted up for the Disaster Area. Everyone had time to hang around and talk and play games with different people, making friends along the way. We took a tour of the campground, seeing all the hospital tents and EMS trucks and disaster scenes. It was then time to take our places at the disaster area. They gathered us into a circle and explained to us what they expected us to do and how to do it. I was told to lay down on a tarp and pretend that I was injured so the rescue team could come and help me and the other people that were playing "injured."

The whole project was to help the rescue mission teams do a better job on rescues for natural disasters and other situations they face day to day. After the film was over, everyone cheered then got in a circle and everyone introduced themselves, telling their names and where they were from. We then all went to the picnic area and ate dinner together and then we loaded up in our buses and headed back home, ending our day. It was one of the best things I had ever done. It was exciting and a wonderful experience.

**By Lewis Acree**

### The Garden We've Grown with Love

This year we wanted to make the garden bigger, so we found a local farmer with a big tractor to come and plow it up. Then it was hours of picking up rocks, bricks, door knobs, and pieces of pipes that was all unearthed from the

old guest house that had sat on that land years ago that sadly burned down. We then took our 25 year old Honda tiller and broke the ground up some more.

We used our trusted handy dandy Framers Almanac! "The Farmers Almanac Gardening by the Moon Calendar is determined by an age-old formula and applies generally to regions where the climate is favorable." We waited for the Farmers Almanac date of April 17th and planted corn, okra, and beans; then the rains came. It rained pretty hard almost everyday and some corn started to come up but was washed away. We also had another good almanac day, May 9th, but it was pretty dry so we had to plant again. We now have corn, okra, beans, tomatoes, yellow squash, zucchini, cucumbers, lettuce, and yellow, red and green peppers. We had some good help planting this the past couple of times and we hope it doesn't rain too much or too little for the next time around. Until then, we will gladly enjoy the fruits (or vegetables) of our labor.

**By Fred Mead**

### Welcoming New Members

#### Star Strickland~

My name is Star Strickland and this is my story. I've been mentally ill for 26 yrs. I was living at home, being there all day by myself, with no friends. Then I started coming to Adventure House. Since then, I've made many friends. I help out in the kitchen everyday, which gives me a sense of responsibility. Adventure House brought me out of the depths of depression and into a caring nonjudgmental atmosphere; something I've been looking for, for a long time. I thank God for Adventure House.

**By Star Strickland**

#### Mary Gilbert~

Mary Gilbert, a resident of Belwood, N.C. came to Adventure House to get away from her normal unexciting routine she has everyday and to meet new people and to socialize more. She told us that she enjoyed taking care of her boys, and love her parents and brother very much. She spends her time doing arts and crafts,