

This year was the best because we also had a bon fire in the back yard, keeping us warm in the autumn air. I really did enjoy the party and I can't wait for the next one.

By Christopher George

New Move ins

Adventure House members and staff would like to congratulate Jeffery Ormand and Travis Berryhill on becoming our newest apartment residents.

Jeffery was overly excited about his move as he transitioned out of a family care home setting into a place he could call home. He has the support of his family and have had several visits from them already. Jeffery is working hard to manage his

budget and get used to living on his own again. He is making a little extra money through one of AH TE placements and he loves his job!

Travis Berryhill is also very excited about his new place as well. Travis has struggled with his living situation for a few years now but has really made himself comfortable in the new apartment. He also works on an in AH TE job at Fatz Café. Travis also has support from his mother, who is now closer to him for him to visit more often and her as well. Again AH is very happy for our two new residents and would like to wish them luck with this new journey in their life. Adventure House is pleased to have helped them but are very glad they are so independent and on their own now.

By Genia Roberson & Crystal Byers



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Adventure House News

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Club House International Seminar

From Stan Logan:

The 17th Clubhouse International Seminar was held Oct. 19-24, 2013 at the elegant Hilton St. Louis at the Ballpark in St. Louis, Missouri. Independence Center, a Clubhouse International Training Base was the local host Clubhouse and did a superb job in welcoming us along with other clubhouses from around the world.

Members, staff, board of directors and visiting speakers, from both Independence Center and the International Seminar provided a place to share ideas for the worldwide expansion of the Clubhouse movement. Some of these discussions got heated at times, whether they were in small rooms or in auditoriums, but the one thing that united everyone was the better treatment of anyone who was dealing with a mental illness and how to get that information out to the public so the stigma can be less felt on those who are afflicted. During the day there were plenary sessions, interactive workshops, and fun social events that provided forums for the exchange of ideas that interested both new and veteran Clubhouse members, staff, and

others who were interested in our work.

The International Seminar offered an exciting and inspiring array of learning opportunities about creating and sustaining strong, effective Clubhouse communities around the world. For example, a new Clubhouse from Israel talked about how it was growing amongst all the conflict...where Jews were helping Arabs and vice versa because they had reached a common bond which was conquering mental illness. That was more important than their religious differences. That was powerful to hear. Later in the week, at the farewell party, the three ladies from Israel who talked in that seminar sat at our table and we were able to talk more in depth with them about their program and their situation.

Some of us visited the Gateway Arch of St. Louis. Right next door was Busch Stadium where the St. Louis Cardinals play. All in all, Diana Boswell, James Ortiz, Shenika Massey, Tommy Gunn and myself had a great time in St. Louis. I know that I learned a great deal, especially about the Clubhouse model.

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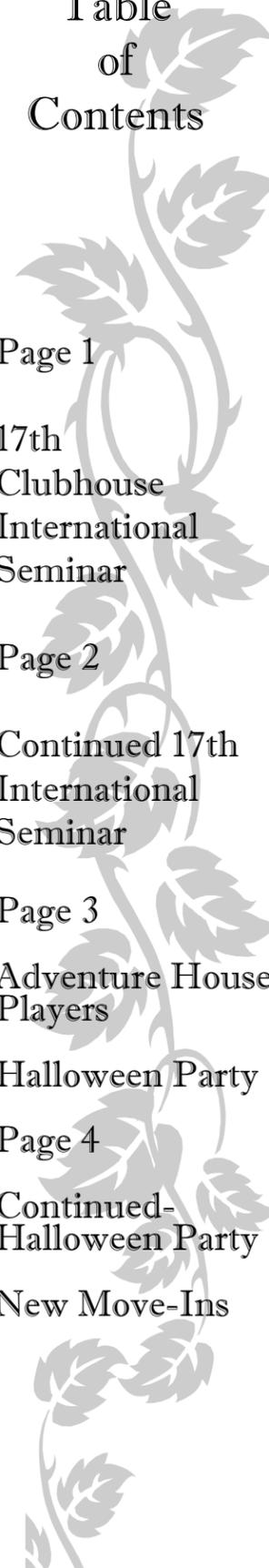
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New Move-Ins



From James Ortiz:

I, James Ortiz, and another member, Shenika Massey, plus two Adventure House staff, Diana Boswell and Stan Logan were chosen to go along with Tommy Gunn to represent Adventure House. I thank Tommy Gunn for inviting us to go to the Seminar.

Man, it was a blast. The staff at the Hilton treated us very well with their best hospitality. The meals they served were off the chain and we danced with the music from a live band that allowed us to party like it was 1999. Beside all of the amenities, I was very privileged to learn what Clubhouse International was doing for those in our society and for those who suffer from mental illness.

I was one of the many members that had a voice to share what my Club house is doing for me. It is a place where I can socialize with others that have similar mental illnesses. I no longer stay home and shy away from being among people. I am now a part of the community. Now I get involved with my Clubhouse.

From Diana Boswell:

I was very excited to be chosen to attend the 17IS (International Seminar) in Saint Louis Missouri. CI (Clubhouse International) is an organization that helps communities around the world develop, train and support Clubhouse model programs that help people with mental illness in their communities. Every two years CI along with a member Clubhouse host a seminar to bring people from all around the world to share ideas and thoughts on the relevant issues pertaining to mental health issues in their communities.

The theme of the week was "A Place to Belong. The Clubhouse concept of

'community' is the heart of our way of working : through the power of community, each Clubhouse restores lives every day. And together our world wide Clubhouse network forms a multi-national community-that is changing the world."

From Shenika Massey

The Clubhouse International Seminar was a lifetime experience for me. It was the first time I flew in an airplane, it was the first seminar I've ever attended, and I made good friends that gave me a new insight on life.

Some of the classes that I attended had to do with engaging young adults and encouraging them to join the Clubhouse and how to support education in the Clubhouse. I also learned how we can prove our worth and our effectiveness; for example, our walk for mental health awareness on the streets of St. Louis which we did to show the media how the Clubhouse community is a lot of good for mental health.

I learned a lot from the speakers on how they are overcoming their illness and not letting it control their lives. I also learned some on how their Clubhouses came to be and how they make an impact on the members and the community and even the government of where they live. I would like to see more of what we can do to make a clear path for the well being of people who struggle with mental illness and to be acknowledged for the importance of our clubhouse existence. I hope to have this opportunity again, but if I don't, I would still have this to remember and the impact of it will always make a difference in my life and will stay with me forever.



The Adventure House Players

The Adventure House Players have two items coming up during the month of December to close out the coming year. On the 6th, The Finale- Part 2 of the Wizard of Medications will complete the original serial play written by Eddie Wellmon and Stan Logan. It will start at 1:30pm and be performed at the Clubhouse.

The gang of five...Billy, Tina, Charles, Mandy, Susan, plus the Junior Pharmacist will finally meet with the Wizard to decide their fate and see if they get to go home or not. As usual there will be twists and turns that will surprise everyone so you don't want to miss this final performance! We hope that you learned something about people dealing with mental illness and the courage it takes on a daily basis to make it through each day from this play. One note, this play came about with the writing talent of Eddie Wellmon, who is a member of Adventure House. He approached me with the concept of the play already written out. All I did was work on the characterizations. I have encouraged Mr. Wellmon to continue writing and at this moment, he is working on a Christmas play for next year. One of the goals of the Adventure House Players is to encourage gifted writers and we hope to do that in the next year coming.

On Dec. 19th, Adventure House

will have its annual Christmas Party for members, staff and board members and the Adventure House Players will perform a short updated version of "THE TWELVE DAYS OF CHRISTMAS", with new lyrics to celebrate our particular Clubhouse. The Players are writing those lyrics and look forward to everyone hearing them. It will be a lot of fun. We hope everyone enjoys the frivolity.

The year, 2014, will bring new ideas to the Adventure House Players from both members, staff and myself. We look forward to performing those for you. We would even take suggestions from you, our readers. We have grown to an average attendance of 17 per rehearsal. That's great! We can only hope that we will continue to grow in this next year coming. We wish everyone a great Thanksgiving and Christmas and a Happy New Year.

By Stan Logan

Halloween Party 2013

This Halloween Party started at 3:30pm and lasted all the way until 7:00 pm. This party was one of the best ever, because most of the members and staff was involved in making it happen. The food was really good this year; we had steak and potatoes and an endless selection of desserts. Frances, Richard, Jeffery and Cheryl all won titles in the costume contest. Also a few other members won door prizes, from wonderful put together gifts to gift cards to their favorite stores.

I can say that one member, David Rhodes had a great time hitting the dance floor with all the moves he had. Our DJ for the night was Eric; playing all the top songs and some from back in the day as well.