

And our newest member is Stephanie Flickinger we are glad she is here and proud of her for getting hired at PPG. She plans to attend the Cubhouse on her days off from there.

To all of our new members we are glad you are here and everyone wishes you a very warm welcome.

By Diana Boswell
Mother Nature

Mother Nature is kind,
as the breeze of the wind
As the branches of pine start to bend.
Needles shed as once before
And the wind as it whistles through a door.

The leaves in the field are now
turning brown.
The animals are snug as the snow
comes down.

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Harder and harder the snow will rage.
And the trapper's animal
loosed from it's cage.
The hills to me is a dancing stage.

The sun will appear very soon
but for now I can only see the moon.
The moon as bright as it can shine
across the oak and distant pine.

Now the animals are happy
And I am too!!
See what Mother nature can do!

By Star Strickland



Adventure House News

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Is It Worth It?

For over 27 years, Adventure House has served the Cleveland County Mental Health system as a Clubhouse model. Many people with mental illnesses have been helped to achieve a better quality of life at Adventure House.

Due to many government cutbacks we now need to look for other means to continue to support our program and the important work we do here.

I call upon members, staff, board members and visitors to help make our community aware of our struggles and needs to continue the life changing work we do everyday at Adventure House.

We also have been blessed with a wonderful housing program that has allowed 33 people, at a time, to have safe and affordable housing; which could be in jeopardy.

Please advocate for us anyway you can. Let our voices stand together to let people know we can't afford to lose ground on issues it has taken so long to move forward in. Thank you for your past and future support.

By Paul D. Pouchak



Adventure House Players News

The Adventure House Players were working on several projects for this year. Some include: The Dating Game, Rowan and Martin's Laugh In, the Talent Show, A view of famous people through out history with mental illnesses and I Love Lucy, plus many others in mind.

Our last play was entitled The Wizard Of Medications, which was a huge success with its whimsical comedy, action scenes and drama. Our director Stan Logan, has worked as hard as anyone to ensure the quality and cohesiveness of all our productions. Our attendance for Players have been increasing lately and we hope it continues.

Our Next play for this year is The Dating Game, which is based off a 70's TV show. Three bachelors or bachelorettes are

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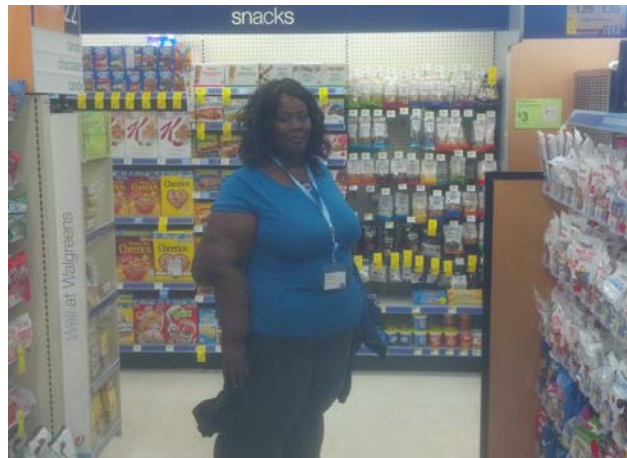
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questioned about themselves for a chance to win a date and prizes. This play will be full of laughs as we meet these eager participants who are looking for a hot date. This will be a Valentines Day special and will be performed on February, 13th at our Valentines Day party. Everyone is welcome! We will see you there.

By Danny Kiser

New Job, New life



Sometimes, I often, think about my life before Adventure House. I never thought I would regain half of what I lost before my mental crisis. One of those things I ponder about was if I would ever hold an independent job again, outside of working T.E.P. (Transitional Employment Placement).

Over the course of my years at Adventure House, I've worked various placements but, as we all know in the Clubhouse world, these T.E. P. jobs are temporary. The last few years I've found myself engaged only in the Clubhouse work ordered day. That all changed in November 2013. I was encouraged to apply for a job at Walgreens Drug Store. I felt my heart drop just thinking about the process that it would take to obtain the job. After taking a long

computer test, I had a job interview. Bryan Eaker, the T.E. Coordinator, provided Support for me by taking the time to come with me to the interview and stay while I was talking with the perspective employer.

After two long weeks of waiting, I obtain my first independent job at Walgreens. At last, after thirteen years, I can boldly say "Clubhouse Works." I'm proof of that!

By Crystal Byers

Charles Road Welcomes Trina McSwain

On Dec. 31, 2013, Trina Moved into a lovely apartment on Charles Road. It became possible after many years of waiting. It was a great day of shopping at Wal-Mart for household items and Laughlin's for new furniture. Trina stated that it's nice to be on her own again and feels much better about herself and about making decisions for herself. She also stated that she loves cooking and cleaning. She's undecided about whether or not she wants a pet. She stated that this apartment is much nicer than her previous places. Congratulations Trina!

By Elizabeth Ross & Trina McSwain

How The Clubhouse Has Helped Me

The Clubhouse has taught me how to do different jobs and to be able to work along with others. I have gotten to know fellow members and people that are always there when you need them and when I want someone to talk to, someone is always there. I am learning how to be more independent. Adventure House gives me a place to go and a sense of belonging to something. They also will help me to

find work and provides some people with apartments to live in which I hope to have one of my own soon. For me, the biggest thing Adventure House has done, is getting me more active and involved in social activities. I would like to say Thank You to everyone at Adventure House.

By Beverly Self

Personal Goals for 2014

I went around Adventure House and asked members these questions "What are your Goals for this year?" Here are some of the response:

Paul Pouchak- "I plan to go to Adventure House daily and continuing enjoying everyone here. And to keep up with my doctors appointments."

Frankie Philbeck- "I want to lose a few pounds and finish school so I can get my GED."

Mecos Lattimore- "None for me."

Carolyn Abrams- "Keeping to my diet and to stay healthy through out the year."

Tracey Finney- "Staying healthy and to be more social and make new friends."

Christopher George- "I want a job."

Brian Holland- "I'm not sure really."

Elizabeth Grigg- "I want to remain healthy and head out to the beach this summer and keep going to Church!"

Rashon Archie- "I plan to work on moving out on my own, start driving again and work on my attitude and becoming more mature."

Donna Morris- "I hope to do well with my studies and complete the classes to receive my associates degree."

By Shenika Massey

Christmas Lunch Event

In Celebration of Christmas, Adventure House hosted a very special lunch. We had ham with all the trimmings. With light Christmas favorites playing in the background, along with the tree and decorations, the mood was just right for the fellowship of Members, Staff and Board Members. We heard a wonderful speech made by Tommy Gunn, who is always uplifting to us and gives us encouragement. The gifts were handed out. You should have seen the look on people's faces when they had saw the thick, warm, dark blue hoodie-jackets with Adventure House embroidered on them. The event was very lovely and we hope to have many more like this one.

By Johnny Walker and Shenika Massey

Adventure House Welcomes New Members

When you come into the Clubhouse you are likely to run into a new face. Over the past two months we have had several new people become members at Adventure House.

Tyler Tessiner started in December he really enjoys helping in the kitchen unit. Tyler has a independent job at Lowes Foods.

Leslie Ramey also in the kitchen has really applied herself while at the Clubhouse and has found herself a SE job at McDonalds.

William Pearson is happy to come to the Clubhouse and is glad he has a place to meet people. He has chosen the kitchen unit

as well.